

# Promoting Antiracism: A Co-Curricular Initiative Developed Through Student-Faculty Collaboration

Presented by Jeni Dulek, OTD, OTR/L with contributions from Carly Egli, OTS; Jennifer Pitonyak, PhD, OTR/L, SCFES, CIMI; and Fallon Moore, OTD, OTR

This poster details a student-faculty collaboration within an occupational therapy (OT) program to adapt the [21-Day Racial Equity Habit Building Challenge](#) to support learners in the reflective process of becoming actively antiracist. The project presented an opportunity to respond to current influences, curate relevant content, and through co-curricular collaboration, engage and reflect on outcomes.

## Phase 1 Recognize and Respond to Influences



- Challenge from University President to engage in the 21-Day Racial Equity Habit Building Challenge
- Faculty and student participation in the National Conference on Race & Ethnicity in Higher Education (NCORE)
- Active involvement of the program's Coalition of Occupational Therapy Advocates for Diversity (COTAD) chapter to provide education and advocacy about antiracist practice
- Emergent needs in healthcare and society for people to engage in antiracist work for equitable health-related outcomes
- Organized a faculty-student partnership to represent diverse perspectives, support co-curricular involvement from both groups, and explore the unique learning needs of practitioners within our discipline

## Phase 2 Curate and Develop Content

- Examined several formats and many resources included in the original 21-Day Racial Equity Habit Building Challenge to determine our desired format and resources
- Applied the [Becoming Antiracist Model](#) designed by Andrew M. Ibrahim as a framework for organizing and presenting resources over the 21 days
- Curated related resources, some that are more general and others with a focus on healthcare or OT, then organized these based on our guiding framework
- Developed daily infographics presenting the theme with the choice between a shorter and longer resource to encourage engagement as a daily habit
- Developed a [website](#) and organized infographics and additional resources on it; shared infographics with the COTAD chapter for distribution on social media
- Created an infographic detailing [tips for habit formation](#) to support ongoing learning



## Phase 3 Engage and Reflect on Outcomes



- Held an initial kickoff event with orientation and a report from those who attended NCORE
- Set up Slack with channels for each day to discuss topics and share additional resources
- Facilitated multiple means of engagement through social media, the website, and Slack
- Held wrap-up event to share experiences and reflections, and to gather feedback
- Developed and distributed a survey of participants and non-participants to gain an understanding of their experiences and barriers to participation
- Engaged in ongoing reflection to inform future iterations of the challenge


