

Name: _____ School: _____

Class: _____

Implicit Theories of Intelligence Scale for Children—Self Form

(For Children Age 10 and Older)

Read each sentence below and then circle the *one* number that shows how much you agree with it. There are no right or wrong answers.

*1. You have a certain amount of intelligence, and you really can't do much to change it.

1	2	3	4	5	6
Strongly Agree	Agree	Mostly Agree	Mostly Disagree	Disagree	Strongly Disagree

*2. Your intelligence is something about you that you can't change very much.

1	2	3	4	5	6
Strongly Agree	Agree	Mostly Agree	Mostly Disagree	Disagree	Strongly Disagree

*3. You can learn new things, but you can't really change your basic intelligence.

1	2	3	4	5	6
Strongly Agree	Agree	Mostly Agree	Mostly Disagree	Disagree	Strongly Disagree

4. No matter who you are, you can change your intelligence a lot.

1	2	3	4	5	6
Strongly Agree	Agree	Mostly Agree	Mostly Disagree	Disagree	Strongly Disagree

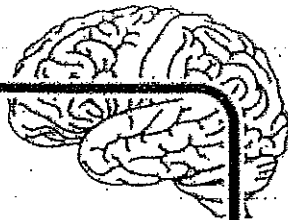
5. You can always greatly change how intelligent you are.

1	2	3	4	5	6
Strongly Agree	Agree	Mostly Agree	Mostly Disagree	Disagree	Strongly Disagree

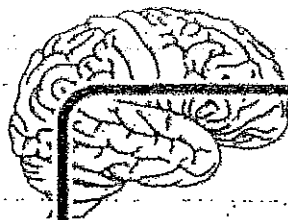
6. No matter how much intelligence you have, you can always change it quite a bit.

1	2	3	4	5	6
Strongly Agree	Agree	Mostly Agree	Mostly Disagree	Disagree	Strongly Disagree

Fixed Mind-set
Intelligence is static



Growth Mind-set
Intelligence can be developed



Leads to a desire to look smart and therefore a tendency to

Leads to a desire to learn and therefore a tendency to

CHALLENGES

...avoid challenges

...embrace challenges

OBSTACLES

...give up easily

...persist in the face of setbacks

EFFORT

...see effort as fruitless or worse

...see effort as the path to mastery

CRITICISM

...ignore useful negative feedback

...learn from criticism

SUCCESS OF OTHERS

...feel threatened by the success of others

...find lessons and inspiration in the success of others

As a result, they may plateau early and achieve less than their full potential

As a result, they reach ever-higher levels of achievement

All this confirms a deterministic view of the world.

All this gives them a greater sense of free will.

GRAPHIC BY NIGEL HOLMES

W11:20